

Courtlands School Summer Menu 19th April – 23rd July 2021



	Week Commencing 19/04/2021, 10/05/2021, 07/06/2021, 28/06/2021, 19/07/2021	Week Commencing 26/04/2021, 17/05/2021, 14/06/2021, 05/07/2021	Week Commencing 03/05/2021, 24/05/2021, 21/06/2021, 12/07/2021
Monday	Cheese & Potato Pasty Cheese & Mushroom Pasty Homemade Potato Wedges Sweetcorn & Peas Oat & Raisin Cookies Filling of the Day- Cheese	Cheese & Tomato Pizza Vegetable Fingers Chipped Potatoes Baked Beans & Sweetcorn Pear Cake Filling of the Day- Cheese	Cheesy Wheels Cheese & Pepper Wheels Sauté Potatoes Homemade Coleslaw & Salad Ice Cream & Stewed Apple Filling of the Day- Cheese
Tuesday	Baked Breakfast - Sausage & Bacon Quorn Sausage Hash Browns Baked Beans, Grilled Tomatoes, Mushrooms Fruit Yoghurt & Peaches Filling of the Day - Tuna Mayonnaise	Mild Chicken Curry Quorn & Potato Curry Steamed Basmati Rice Broccoli & Sauté Courgettes Strawberry Mousse Filling of the Day - Tuna Mayonnaise	Sausages with Gravy Vegetable Bake with Quorn Pieces Creamy Mash Green Beans & Sweetcorn Banana Crumble Top Muffins Filling of the Day - Tuna Mayonnaise
Wednesday	Roast Chicken with Gravy Roasted Root Vegetables & Quorn Pieces Roast Potatoes Carrots & Buttered Cabbage Fruit Crumble with Custard Filling of the Day - Ham	Roast Beef, Yorkshire Puddings & Gravy Cheesy Cauliflower & Broccoli Bake Roasted Potatoes Cauliflower & Carrots School Cake Filling of the Day - Ham	Roast Turkey & Gravy Roasted Quorn Fillet Roast Potatoes Broccoli & Cauliflower Chocolate Cake with Chocolate Sauce Filling of the Day - Ham
Thursday	Lasagne Vegetable Quorn Lasagne Garlic Bread Broccoli & Sweetcorn Ice Cream Filling of the Day - Roast Chicken	Bacon Macaroni Cheese Vegetable chilli with pasta Garlic Bread Corn on the Cob & Salad Cheese & Apple Filling of the Day - Roast Chicken	Spaghetti Bolognese Quorn and Mushroom Stroganoff Garlic Bread Salad & Peas Apple Flapjack Filling of the Day - Roast Chicken
Friday	Salmon Fishfingers Vegetable Frittata Diced Potatoes Wholemeal Spaghetti Hoops & Peas Ginger Biscuits Filling of the Day - Egg Mayonnaise	Breaded Fish Vegetarian Sausage Roll Sauté Potatoes Sweetcorn & Baked Beans Vanilla & Lime Cake Filling of the Day - Egg Mayonnaise	Fish Cake Quorn Burgers Chipped Potatoes Garden Peas & Baked Beans Custard Biscuits Filling of the Day - Egg Mayonnaise

Every day we have seasonal salad, yogurts, fruit juice, milk and water available for every student. Children can also choose from a Main Choice, Jacket Potato, a Wrap or Pasta – for these there is a **Filling of the Day**. Special diets & allergies can be catered for. The menu can change at short notice however we always aim for 24hrs notice to Staff, Pupils and Parents. For more information, please email our cook Alison – alison.greaves@deltaservices.co.uk