

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Healthy Mind						
	I know what I am like.	I know what a relationship is and can identify different relationships.	I can explain some of the differences between groups and cultures.	I know how to recognise my own and others' feelings and how we show them.  (include positive and negative- include topic of self-harm)	I can use positive communication when things get tricky.	I know positive strategies to help me cope with change.
Healthy Body						
	I am aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines such as taking care of my teeth.	I know that there are medicines and some other substances that can be used in a safe way to improve health and I am becoming aware of how choices I make can affect my health and wellbeing.	I am beginning to understand that nutritional needs change at different stages of life, for example the role of breastfeeding in infant nutrition.	I am aware of my growing body and I am learning the correct names for its different parts and how they work.	I know how to react in unsafe situations and emergencies.	I experience a sense of enjoyment and achievement when preparing simple healthy foods and drinks, and understand that not all food I see advertised is good for me.
PE -						
	Dance/ gymnastics	Volleyball	Tag rugby	Gymnastic	Personal fitness plans	Cricket

Wider Word	Recognise what makes me, me and compare myself to others in my class	Look at what pollution is and the effect it can have.	To understand that people and other living things have rights and that everyone has responsibilities to protect these rights	Understand what race is and to begin to recognise racial inequality	To recognise what is fair and unfair, kind and unkind what is right and wrong.	Choose a topic or current affair and create a plan to raise awareness and money.
Creativity	I can explore how sounds can be made in different ways	I can use a range of materials to create	I can recognise, listen and react to different styles of music and sounds	I can observe and draw using different mediums	I can recognise differences in world music	I can explore famous performers who inspire me to create
Exploration						
	I can recognise safe and unsafe behaviours. I know how to reduce unsafe behaviours.	I can compare my environment with others around the world. I can understand why environments are different.	I can talk about experiences and analyse what happened.I can talk about experiences and think about what I could do differently.	I can plan, predict and take part in an experiment. I can plan, predict and take part in an experiment and can analyse what happened.	I can solve simple problems. I can identify a problem and think of solutions.	I can plan in and engage in my own curriculum.
Play	Engagement		Motivation		Creating and thinking critically	
	Exploring play with peers in new environment	Independent play alongside a peer	Turn taking in small groups with minimised provision  Chinese new year	Learning how to share resources with their peers  Fruit and Veg role play	Asking peers to join in with their play	Formalised play in small groups  (like board games)

Year 2 Rolling Programme

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Healthy Mind						
	I know how to celebrate being me to boost my self-esteem.	I can make choices to keep a healthy mind. (Focus on 1, 4, 5, 7, 8, 9, 10 - see resource)	I understand that there are different types of families.	I know how to maintain healthy relationships.	I know some strategies for being resilient.  (include positive and negative- include topic of self-harm)	I know some positive strategies to help me cope with some changes.
Healthy Body						
	I am aware of what I need to do to stay healthy and promote my physical health and wellbeing.	I know what I can do to look after my body and who can help me.	By investigating the range of foods available I can discuss how they contribute to a healthy diet.	I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.	I can identify which organs of my body are responsible for each of the senses.	When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability.
PE -						
	Dance/ gymnastics	Volleyball	Tag rugby	Gymnastic	Personal fitness plans	Cricket
Wider Word	Recognise what makes me me and compare myself to others in my class	Understand that money comes from different sources and can be used for different purposes including spending and saving	Understand what gender equality is and to begin to make suggestions about how to narrow the gap To begin to name gender stereotypes	Begin to explore disability stereotypes	Identify that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)	Choose a topic or current affair and create a plan to raise awareness and money.

Creativity	I can explore how sounds can be made in different ways	I can use a range of materials to create	I can recognise, listen and react to different styles of music and sounds	I can observe and draw using different mediums	I can recognise differences in world music	I can explore famous performers who inspire me to create
Exploration						
	I can recognise safe and unsafe behaviours. I know how to reduce unsafe behaviours.	I can observe changes across the four seasons and the weather associated with them. I can observe and describe weather associated with the seasons and how day length varies.	I can plan, predict and take part in an experiment. I can plan, predict and take part in an experiment and can analyse what happened.	I can recognise danger and find ways to solve it. I can recognise danger and suggest ways to lead a safer life.	I can plan, predict and take part in an experiment about materials. I can plan, predict and take part in an experiment about materials and can analyse what happened.	I can plan in and engage in my own curriculum.
Play	Engagement		Motivation		Creating and thinking critically	
	Exploring play with peers in new environment	Independent play alongside a peer	Turn taking in small groups with minimised provision  Chinese new year	Learning how to share resources with their peers  Fruit and Veg role play	Asking peers to join in with their play	Formalised play in small groups  (like board games)