	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
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Healthy Mind	I know what I like.	I know the important people in my life and why they are important.	I know I am different from other people.	I know that there are different feelings.	I can use words, pictures or signs to communicate my needs.	I know that things change.
Healthy Body	I am becoming aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines such as taking care of my teeth.	I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances.	know that people need different kinds of food to keep them healthy.	I am becoming aware of my growing body and I am learning the correct names for its different parts and how they work.	I can show ways of getting help in unsafe situations and emergencies.	I experience a sense of enjoyment and achievement when preparing simple healthy foods and drinks.
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	Gym/ dance	Handball	tennis	Gymnastics	Personal fitness plans linked to Sports Day - use the Sports Day stations as circuit stations.	Cricket
Wider Word	Recognise what I like and dislike	Recognise good and bad habits to look after our world. (Where should rubbish go? Should fish eat plastic?)	Talk about what is important to me and to other people	Explore what we look like physically and understand that we are not all the same	To understand that different things have different rules	Choose a topic or current affair and create a plan to raise awareness and money.
Crea						

		I can listen and respond to music Listen to genres Feelings Listen and paint Copy sounds	I can explore textures	I can show interest to the way music & instruments sound • Musical elements • Dynamics • Feelings • Sensory play • Pastels	I can listen and react to world music Feelings Musical dynamics	I can draw using different mediums Line drawing Charcoal Crayon Chalk	I can use the skills I've learnt over the year to be creative	
	Exploration	I can explore my behaviours.	I can explore my local environment.	I can try new things.	I can engage in different experiments.	I can recognise when there is a problem.	I can plan in and engage in my own curriculum.	
		Engagement		Moti	Motivation		Creating and thinking critically	
Play	Explore new environment through play (respect for environment, resources and toys)		Initiate activities with support (turn taking is modelled pairs) Chinese new year	Engage with play activities Fruit and Veg role play	Modelled play with a peer	Acknowledging peers in play		

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Healthy Mind	I know that I am special.	I can make choices to keep a healthy mind with help. (Focus on 1, 4, 8, 10 - see resource)	I know what my family is like.	I can form a relationship by working with a friend.	I keep trying when things go wrong.	I know that things change.
Healthy Body	I am developing an awareness of what I need to do to stay healthy and promote my physical health and wellbeing.	I am learning what I can do to look after my body and who can help me.	Together we enjoy handling, tasting, talking and learning about different foods, discovering ways in which eating and drinking may help us to grow and keep healthy.	I am beginning to learn about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.	I can name and experience the five senses.	I explore and discover where foods come from as I choose, prepare and taste different foods.
	Gym/ dance	Handball	tennis	Gymnastics	Personal fitness plans linked to Sports Day - use the Sports Day stations as circuit stations.	Cricket
Wider		Understand that money is worth something and can be exchanged for something else	Understand what gender is	Understand what a disability means	Recognise what being kind is, recognise when people are being unkind either to them or others.	Choose a topic or current affair and create a plan to raise awareness and money.
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	I can listen and respond to music Listen to genres Feelings Listen and paint Copy sounds	I can explore textures	I can show interest to the way music & instruments sound Musical elements Dynamics Feelings Sensory play Pastels	I can listen and react to world music Feelings Musical dynamics	I can draw using different mediums Line drawing Charcoal Crayon Chalk	I can use the skills I've learnt over the year to be creative
Exploration	I can explore my behaviours.	I can observe changes across the four seasons.	I can engage in different experiments.	I can recognise danger.	I can engage in experiments about materials.	I can plan in and engage in my own curriculum.
	Engagement		Motiv	tion Creating and thinking critically		hinking critically
Play	Explore new environment through play (respect for environment, resources and toys)		Initiate activities with support (turn taking is modelled pairs) Chinese new year	Engage with play activities Fruit and Veg role play	Modelled play with a peer	Acknowledging peers in play