

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Healthy Mind	I know how to take care of myself and the impact it can have on others.	I can understand and accept a broad range of relationships.	I know why tolerance and respect of others is important.	I know how to manage and communicate my feelings. (include positive and negative- include topic of self-harm)	I understand my own and others' non-verbal cues.	I can plan for change to empower me.
	Having learned about cleanliness, hygiene and safety, I can apply these principles to my everyday routines, understanding their importance to health and wellbeing.	understand the effect that a range of substances including tobacco and alcohol can have on the body.	I understand that people at different life stages have differing nutritional needs and that some people may eat or avoid certain foods.	I recognise that how my body changes can affect how I feel about myself and how I may behave.	I know of actions I can take to help someone in an emergency.	I experience a sense of enjoyment and achievement when preparing simple healthy foods and drinks and am discovering the ways that advertising and the media can affect my food choices.
	Dance/ gym	Basketball	Hockey	Gym	Personal fitness plans linked to Sports Day - use the Sports Day stations as circuit stations.	Cricket

Wider Word	Talk about and compare my opinions and interests to others	Look at what pollution is, the effect it has on different things, such as global warming, wildlife and think about ways to combat it	To identify what influences people's lives and to link what people believe with what people do.	To explore famous people who have different races and look how they have overcome them in a positive way	Understand why and how rules and laws are made that protect them are enforced and made. Understand why different rules are needed and how to take part in making and changing rules	Choose a topic or current affair and create a plan to raise awareness or money.
Creativity	I can explore, choose and organise sounds creating a performance	I can use materials to make a piece of art	I can recognise and compose different styles of music	I can explore observation artists	I can compose world music	I can explore famous performers who inspire me to create
	<ul style="list-style-type: none"> Composition boards Instrument cards Musical elements Feelings 	<ul style="list-style-type: none"> Story scenes Materials/Mediums Sculpture 	<ul style="list-style-type: none"> Feelings Dynamics Musical elements Instruments 	<ul style="list-style-type: none"> Line drawing Charcoal Crayon Chalk Pastels 	<ul style="list-style-type: none"> Story telling Instruments Feelings boards Composition boards 	
Exploration						
	I know how to reduce unsafe behaviours.	I can understand why environments are different.	I can talk about experiences and think about what I could do differently.	I can plan, predict and take part in an experiment and can analyse what happened.	I can identify a problem and think of solutions.	I can plan in and engage in my own curriculum.
Play	Engagement		Motivation		Creating and thinking critically	

	<p>Forming a relationship through formalised play with peers in new learning environment (like board games)</p> <p>Eg WALT-Understanding fair play winners and losers</p>	<p>Team building skills</p> <p>Group activities and working together</p>	<p>Team building skills</p> <p>Fruit and Veg role play</p> <p>(Contact Fruit and Veg shop- chn to work at shop)</p>	<p>Play leadership</p> <p>(plan and teach learning activities for lower classes for play learning)</p> <p>Chinese new year</p>	<p>World of work</p> <p>(continued opportunities for play leaders in lower departments)</p>
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	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Healthy Mind						
	I know how to impact on the self-esteem of others.	I can make choices to keep a healthy mind and explain how they help me.	I can explain how difference can make a community stronger.	In a relationship, I know how to disagree in a positive way and resolve conflict.	I can apply resilience strategies. (include positive and negative- include topic of self-harm)	I can plan for change to empower me.
Healthy Body						
	I know what I need to do to stay healthy and promote my physical health and wellbeing.	I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of personal hygiene.	By applying my knowledge and understanding of current healthy eating advice I can contribute to a healthy eating plan.	I know that all forms of abuse are wrong and I am developing the skills to keep myself safe and get help if I need it.	I can devise strategies to manage the sensory needs of myself and others.	Through exploration and discussion, I can understand that food practices and preferences are influenced by factors such as food sources, finance, culture and religion.
	Dance/ gym	Basketball	Hockey	Gym	Personal fitness plans linked to Sports Day - use the Sports Day stations as circuit stations.	Cricket

Wider Word	Talk about and compare my opinions and interests to others in my community	Understand the role money plays in their own and other's lives including how to manage their money and about being a critical consumer Banking	To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships.	To explore famous people who have disabilities and look how they have overcome them in a positive way	Identify strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help	Choose a topic or current affair and create a plan to raise awareness and money.
Creativity	I can explore, choose and organise sounds creating a performance <ul style="list-style-type: none"> • Composition boards • Instrument cards • Musical elements • Feelings 	I can use materials to make a piece of art <ul style="list-style-type: none"> • Story scenes • Materials/Mediums • Sculpture 	I can recognise and compose different styles of music <ul style="list-style-type: none"> • Feelings • Dynamics • Musical elements • Instruments 	I can explore observation artists <ul style="list-style-type: none"> • Line drawing • Charcoal • Crayon • Chalk • Pastels 	I can compose world music <ul style="list-style-type: none"> • Story telling • Instruments • Feelings boards • Composition boards 	I can explore famous performers who inspire me to create
Exploration						
	I know how to reduce unsafe behaviours.	I can observe and describe weather associated with the seasons and how day length varies.	I can plan, predict and take part in an experiment and can analyse what happened.	I can recognise danger and suggest ways to lead a safer life.	I can plan, predict and take part in an experiment about materials and can analyse what happened.	I can plan in and engage in my own curriculum.
Play	Engagement		Motivation		Creating and thinking critically	

	Forming a relationship through formalised play with peers in new learning environment (like board games)	Team building skills Group activities and working together	Team building skills Fruit and Veg role play (Contact Fruit and Veg shop- chn to work at shop)	Play leadership (plan and teach learning activities for lower classes for play learning) Chinese new year	World of work (continued opportunities for play leaders in lower departments)
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