

COURTLANDS SPRING/SUMMER MENU

15TH APRIL - 25TH OCTOBER 2024



	week commencing 15/4, 6/5, 3/6, 24/6, 15/7, 2/9, 23/9, 14/10	week commencing 22/4, 13/5, 10/6, 1/7, 22/7, 9/9, 30/9, 21/10,	week commencing 29/4, 20/5, 17/6, 8/7, 16/9, 7/10,
Monday	Cheesy Wheels Tomato Pasta Bake Garlic Bread Salad & Peas Chocolate Crispy Cake	Macaroni Cheese Homemade Cheese & Potato Pasty Saute Potatoes Beans & Peas Apple Flapjack	Cheese & Tomato Pizza Quorn Burger in a Roll Homemade Potato Wedges Spaghetti Hoops & Sweetcorn Jammy Dodger Biscuit
Tuesday	All Day Breakfast (Sausage & Bacon) Vegetarian All Day Breakfast(Vegetarian Sausage) Hash Brown Baked Beans & Scrambled Egg Apple Crumble & Custard	Courtlands Chicken Pie Vegetarian Sausage Creamy Mashed Potato Broccoli & Cauliflower Oat and Sultana Cookie	Cottage Pie Broccoli & Potato Bake Creamy Mashed Potato Peas & Cauliflower Banana Muffin
Wednesday	Roast Chicken with Gravy Cauliflower Cheese Roast Potatoes Carrots & Broccoli Artic Icecream Roll	Roast Gammon with Gravy Roasted Quorn Fillet Roast Potatoes Carrots & Cabbage Icecream	Sausages With Gravy Homity Pie (Cheese, Potato & Leek Pie) Roast Potatoes Carrots & Peas Strawberry Mousse
Thursday	Meat Lasagne Vegetable Chilli & Rice Garlic Bread Homemade Coleslaw & Salad Fruit Jelly	Pasta Bolognaise Vegetable Fajitas Garlic Bread Salad & Sweetcorn Banana & Custard	Boneless Sticky Chicken Vegetable Korma Rice Broccoli & Cauliflower Shortbread Biscuit
Friday	Salmon Fishcakes Cheese Omelette Chipped Potatoes Baked Beans & Peas Iced Sponge	Breaded Fish Quorn Nuggets Chipped Potatoes Spaghetti Hoops & Peas Pear Crumble Traybake	Jumbo Battered Fishfinger Vegetarian Sausage Roll Chipped Potatoes Baked Beans & Peas Chocolate Cake & Custard

Jacket Potatoes with Beans, Cheese & Tuna Mayo are available as an alternative. Packed Lunches are also available, please see packed lunch menu for options.
Everyday Seasonal Salad, Yoghurt, Water & Juice are available to all students.